

Immigrant & LGBTQIA+ Wellness

"Immigrants endure, for better or worse, the accumulation of several expected and unexpected transitions". The Center for American Progress reports that "not much is known about LGBTQ immigrants in the United States. The U.S. government does not track sexual orientation and gender identity in its immigration programs, nor does it do so in the U.S. Census, making data on this population scarce". Studies indicate mental health disparities among youth of color that identify as LGBTQIA+ which include depression, anxiety, and/or PTSD due to experiences related directly to their sexual orientation or gender identities. Therapist are to recognize the implications of our clients' intersectionality's. "Multicultural sensitivity, cultural responsiveness, and cultural humility are all forms of historical determinism in order to respond to perplexing social realities of disenfranchised and oppressed groups' experiences with high prevalence of social disparities".



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Sources

Center for American Progress, 2018
Conran et. al, 2015
Falicov, 2016
NASW, 2018
Dadras & Daneshpour, 2018

43.7 Million

United States

Is home to over 44 million immigrant community members.



1 Million

LGBTQIA+ Adults

Self-identified in the community



17%

Crime Survivors

Reported experiencing anti-LGBTQIA+ immigrant hate crimes



NASW Colorado State

Chapter Statement

"The personal response to traumatic events widely varies, some deep and hard to heal. It is essential for social workers to develop a deeper understanding and knowledge base of how past traumas impact a clients level of functioning, by learning to recognize, assess and treat trauma."

